Porstmouth Boys Indoor Track and Field Depth Chart

2/20/16

Shot Put		300		1000		High Jump	
Strout	32-07.75	Nichols	37.66	Gramitt	3:01.28	Gabriel	5-2
		Fox	38.37	Leary	3:05.05	Nichols	5-0
		Shea	39.40	Gardner	3:10.39		
		Chisholm	40.25			**Sprint Medley**	
25lb. Weight		Roche	41.58			Nichols	
Strout	42-01.25	Scott	42.75			Garner	
						Chisholm	
						Fox	
4x200				**1500**			4:11
Shea				Gramitt	4:38.54	**Distance Medley**	
Chisholm				Leary	4:46.68	Leary	
Nichols				Gardner	4:58.14	Shea	
Fox	1:37.72					Gardner	
4x400						Gramitt	12:08
Nichols		**400 splits**				**4x800**	
Shea		*Fox*	*52.9*	**Mile**		Leary	
Chisholm		*Nichols*	*53.0*	Gramitt	5:03.5	Chisholm	
Fox	3:36.77	*Shea*	*53.5*	Leary	5:16.20	Shea	
55		*Chisholm*	*54.6*	Gardner	5:20.60	Gramitt	9:12
Fox	7.34	*Gramitt*	*57.6*			**Long Jump**	
Shea	7.37	*Lasky*	*67*			Lasky	16-09.75
Medeiros	7.37						
Roche	7.39						
Scott	7.45						
Lasky	7.53			**3000**			
				Gramitt	10:30.4	**55 Hurdles**	
				Leary	10:34.25	Nichols	8.40
200 splits		**600**		Gardner	10:49.54		
Nichols	24.49	Chisholm	1:29.71				
Fox	24.74	Fox	1:34.43				
Chisholm	25.96	Shea	1:34.63				
Roche	26.13						
Shea	*24.6*						
Scott	*25.8*						
Lasky	*26.4*	**800**					
		Chisholm	*2:13.9*			**Division Record**	
		Shea	*2:14.5*			NK	L
		Gramitt	*2:14.9*			SK	L
		Leary	*2:16.5*			Chariho	L
		Gardner	*2:18*	**2 Mile**		Prout	L
		Fox	*2:20*			Narragansett	L
						Rogers	L
						Westerly	W
						Mt. Hope	W
						Coventry	W